



Institute for Capacity Development (ICD)

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Safety in the Workplace

Course Objectives

On completion of the course; participants should be able to:

- Understand the basic concepts of occupational health.
- Comply with the legislation of the workplace.
- Take measures to control chemical hazards in the workplace.
- Prevent physical hazards in the workplace.
- Identify infectious agents and educate workers in prevention methods.
- Develop wellness programs
- Develop management skills in supervision of staff.

Target Groups

- Practicing Occupational Health and Safety Professionals
- Supervisors
- Health and Safety Officers
- Security Officers
- Public Health Inspectors
- Occupational Health Specialists

Course Outline

- General management principles and practises
- Occupational Health—An Overview
- Recognition and Identification of Workplace Risk
- Levels of Prevention: Primary, Secondary and Tertiary
- Screening and Assessment Methods
- Surveillance Programs
- Planning Interventions
- Occupational Hygiene
- Development of Wellness Programs
- Safety principles and Risk management
- Hazard recognition and control
- Emergency preparedness and prevention
- Workplace inspection and Accidents investigation
- Organisational behaviour
- Managing Stress in the Work Place
- Crisis Intervention
- Domestic Violence and the Work Place
- Ethical Issues

- Utilizing Occupational Health Research
- Assessment of Workers and the Work Place
- Alcohol and Drug Testing
- Employment Assistance Programs
- Hazard Communication (HAZCOM)
- Health, welfare and work environment requirements
- Transport Hazards and Risk Control
- Musculoskeletal Hazards and Risk Control
- Work Equipment Hazards and Risk Control
- Electrical Safety
- Fire Safety
- Chemical and Biological Health Hazards and Risk Control
- Physical and Psychological Health Hazards and Risk Control
- Violence in the workplace
- Health and Safety Management Systems
- Designing an institutional OH and S Plan
- Monitoring and evaluation of OH & S programmes
- Legal aspects of Health and Safety
- Review of health and safety performance
- Action Planning
- IT Skills

Dates: 03rd – 14th December 2018

Duration: 2 Weeks

Course Costs: US\$2850/delegate

Venue: Windhoek, Namibia